

Last updated on December 11, 2018

First Aid, CPR and AED

I. First Aid, CPR and AED

- a. ASHI CPR, AED and First Aid Training Programs
- b. Advanced Bleeding Control (G2015)
- c. Advanced First Aid (G2010)
- d. Basic First Aid (G2015)
- e. Bloodborne Pathogens (G2015)
- f. Child and Babysitting Safety (G2015)
- g. CPR and AED (G2015)
- h. CPR, AED, and Basic First Aid Combo (G2015)
- i. Emergency Medical Response (G2010)
- j. Emergency Oxygen Administration (G2010)
- k. High-Performance CPR (G2015)
- l. Pediatric CPR, AED, and First Aid (G2015)
- m. Use and Administration of Epinephrine Auto-Injectors (G2015)
- n. Wilderness First Aid (G2015)

II. About the American Safety & Health Institute and the Health & Safety Institute

- a. The American Safety & Health Institute (ASHI) resuscitation training programs are developed and administered by Health & Safety Institute (HSI).¹
- b. HSI is a major training organization² offering high quality training materials, courses and programs for healthcare professionals, first responders employees and the community. Since 1978, ASHI and MEDIC First Aid authorized instructors have certified nearly 33 million emergency care providers in the US and more than 100 countries throughout the world. HSI's mission is *Making the Workplace and Community Safer™*.
- c. ASHI training programs are equivalent to the training programs developed and administered by the American Heart Association® (AHA) and the American National Red Cross (ARC).
- d. An HSI representative was a volunteer member of the 2015 International Liaison Committee on Resuscitation (ILCOR) First Aid Task Force and a collaborator on the 2015 International Consensus on First Aid Science with Treatment Recommendations.³

III. ASHI CPR, AED and First Aid Training Programs Are Current, Evidence-Based and Conform to the:

- a. 2015 International Liaison Committee on Resuscitation (ILCOR) International Consensus on Cardiopulmonary Resuscitation (CPR) Emergency Cardiovascular Care (ECC) Science With Treatment Recommendations
- b. 2015 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update.
- c. 2015 Caring for Our Children Basics: Health and Safety Foundations for Early Care and Education. Administration for Children and Families, U.S. Department of Health and Human Services.
- d. 2011 Standards for First Aid and CPR training of the American Academy of Pediatrics, American Public Health Association and National Resource Center for Health and Safety in Child Care and Early Education, *Caring for our children: National health and safety performance standards; Guidelines for early care and education programs*. 3rd edition ("CFOC3").
- e. The criteria of the Boy Scouts of America for Wilderness First Aid Curriculum and Doctrine Guidelines.

- f. National Emergency Medical Services Education Standards, Emergency Medical Responder.
- g. Recommendations of the U.S. Department of Labor Occupational Safety and Health Administration (OSHA) Best Practices Guide: Fundamentals of a Workplace First-Aid Program.

IV. Acceptance and Accreditation

- a. ASHI CPR, AED and First Aid training programs are currently accepted, approved, or recognized as an industry credential meeting the requirements of more than 2,500 state regulatory agencies, occupational licensing boards, national associations, commissions, and councils in more than 550 occupations and professions.
- b. HSI is a nationally accredited organization of the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE). CAPCE is the national accrediting body for Emergency Medical Services (EMS) continuing education courses and course providers. CAPCE accreditation requires an evidence-based peer-review process for continuing education programs comparable to all healthcare accreditors.⁴
- c. HSI is a member of the Council on Licensure, Enforcement and Regulation (CLEAR), the premiere international resource for professional regulation stakeholders.
- d. HSI is a member of the American National Standards Institute (ANSI) and ASTM International (ASTM) — both globally recognized leaders in the development and delivery of international voluntary consensus standards.

V. ASHI CPR, AED and First Aid Training Programs are Taught by Qualified Instructors Affiliated with an Approved Training Center and are Authorized to Certify Course Participants

- a. ASHI courses that contain psychomotor skills require an in-person, hands-on skill evaluation by a current and properly authorized ASHI instructor to verify skill competency prior to issuance of a certification card.
- b. Online training alone does not meet the first aid and CPR requirements of the OSHA standards.⁵ Online training must be supplemented with hands-on practice. Substantial hands-on practice is needed to meet psychomotor skill performance objectives.⁶
- c. HSI publishes and administers a set of Quality Assurance Standards designed to monitor and improve the performance of HSI, its approved ASHI Training Centers and authorized instructors so that the products and services provided consistently meet or exceed the requirements of HSI, regulatory authorities and class participants.

¹ Advanced First Aid and Emergency Medical Response are developed in partnership with Pearson, the world's leading education company.

² Anderson ML, et al. Rates of cardiopulmonary resuscitation training in the United States. doi: 10.1001/jamainternmed.2013.11320.

³ Singletary EM, et al; on behalf of the First Aid Chapter Collaborators. Part 9: first aid: 2015 International Consensus on First Aid Science with Treatment Recommendations. doi: <https://doi.org/10.1016/j.resuscitation.2015.07.047>

⁴ CAPCE represents only that its accredited programs have met CAPCE's standards for accreditation. These standards require sound educational offerings determined by a review of its objectives, teaching plan, faculty and program evaluation processes. CAPCE does not endorse or support the actual teachings, opinions or material content as presented by the speaker(s) and/or sponsoring organization.

⁵ Thomas Galassi, "Clarification of OSHA Training Requirements for Basic First Aid and Cardiopulmonary Resuscitation (CPR)," Occupational Health and Safety Administration, August 2, 2013, <https://www.osha.gov/laws-regs/standardinterpretations/2012-08-02> (accessed 12/11/2018)

⁶ Bhanji F, Donoghue AJ, Wolff MS, Flores GE, Halamek LP, Berman JM, Sinz EH, Cheng A. Part 14: education: 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. doi: 10.1161/CIR.0000000000000268

If you have questions, please contact us at 800-447-3177